

As You Heal

Thigh Lift

- **When will the pulling sensation go away?** You will have a pulling sensation. This is normal. The pulling sensation should go away within three to six months.
- **Why does my scar look like it is moving?** Scars can migrate down due to gravity and your tissue relaxing. This is normal, as well.
- **When will the puckering go away?** You might have puckering in your thighs. This is normal. Puckering should go away within three to six months.
- **What To Expect After Surgery** Patients may spend their first night in an overnight care facility. Bruising and swelling are to be expected as well as a “tight” feeling in the thighs.
- **Resumption of Physical Activities** No work or driving for two weeks. No exercise for four weeks.

Please call us with any concerns Monday-Friday 8:30am-5:00 pm. Weekdays after 5 pm and weekends you will reach our answering service and will be directed to Dr. Brown if it is an emergency. Our office number is 480-947-2455.